



Community Connection Service

The Newport Pagnell Community Connection Service is a social, emotional, and practical support service.

Delivered by our experienced mental health workers, it will offer psycho-educational information, including tools and techniques, to provide individuals with the skills to improve wellbeing and increase resilience.

In addition, it will provide a signposting function to community-based services to help people take active steps to seek support and engage in their local communities.

For more information, please contact:

E: mk@mind-blmk.org.uk

T: 0300 330 0648

How to access support

If you are registered with one of the following practices, you can ask your GP for a referral into this service.

Supported GP surgeries include:

- Newport Pagnell Medical Centre
- Kingfisher Surgery
- Brooklands Medical Centre



www.mind-blmk.org.uk

Charity No. 1068724